

EXCL

Elementary Cross Country League

Registration Form

Sponsored by SCIRC

Registration Information: (please print)

Boy / Girl

Athlete's First Name Last Name Gender

Address City Zip

Parent/Guardian Name Mobile # Parent/Guardian Mobile #

Additional Emergency Contact Emergency Contact Number

Date of Birth: _____ Grade: _____ Teacher Name: _____

Elementary School _____

EXCL Registration Fee: \$10.00 (Make checks payable to **S. C. I. R. C.**)

T-shirt size: ___YS ___YM ___YL ___AS ___AM ___AL ___XL ___2XL +(\$2)

Additional Shirt(s): Cost is \$5 each

Size(s): _____ Quantity: _____

Size(s): _____ Quantity: _____

Total Additional shirts: _____



Mark your calendars!! 1st Race: September 7th, 2nd Race: September 14th, 3rd Race: September 21st
All races will be held at Freeman Field Sports Complex off Hwy 11 South of Seymour. Parking is limited.

Please list any information that you would like the coach to know to help make your child's experience in cross country safe, healthy and happy.

Turn in completed form and signed waiver(backside) with Payment to your EXCL coach.

Office use:

Date received: _____ Payment: _____ Check#: _____ Cash: _____

EXCL is sponsored by South Central Indiana Running Club - SCIRC hosts Winter Running, Summer Running, EXCL, Competes with USATF in the Fall
Contact Brad Cobb with questions. 8122161882 Cobb@scsc.k12.in.us southcentralindianarunningclub@gmail.com

EXCL (Elementary Cross Country League)

Membership Waiver of Participation

I agree that I am a member of EXCL (“the club”) and I know that running and volunteering for conditioning, organized group runs, social events, and races with this club are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained.

I agree to abide by all rules established by the club, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the club agree to abide by them. I assume all risks associated with being a member of this club and participating in club activities which may include, but are not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and/or trail including wildlife, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed to be used in club organized activities and I agree to abide by this rule.

Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the Seymour Community Schools Corporation, all club sponsors, their representatives and successors, the South Central Indiana Running Club, Inc., the city of Seymour, IN, and the Road Runners Club of America from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for the club.

Signature: _____ Date: _____

Parent’s Signature : _____ Date: _____