

EXCL Running Club

- Race dates

Saturday, September 7

Saturday, September 14

Saturday, September 21

The first race will begin at approximately 3:30pm for our 1st grade girls. 1st grade boys will start after the girl's race. Other races will continue in this order. A timeline of races will be sent out as dates get closer.

Families, please arrive 30 minutes prior to your child's race. Parking is always limited and this helps with congestion. When you arrive, look for the ILS table and tent to receive your bib.

Please wear your EXCL running shirt and comfortable running gear.

- EXCL Practices

Practices will be on Mondays and Thursdays from 3:30-4:30pm. Please wear appropriate/comfortable running clothes and running shoes. Bring a water bottle for practice as we will be practicing outside. All practices will be held at ILS. You may pick up your child in the ILS parking lot. If you arrive early for pick up, please be mindful of the cones in the parking lot.

* See attached calendar for practice dates.

- Registration

EXCL Registration is \$10. Please make checks payable to S.C.I.R.C.

Registration, money, and extra shirt orders are due no later than Monday, August 19th at 4:30pm. Runners who join after this date may not have a shirt for their first race.

*Please send your registration and money to Mrs. Pyle in a labeled envelope or baggie with your first and last name and grade on it.

- Quick Communication



Families, please sign up for the Remind App to get up to date information about practices and races that could change due to weather and other issues.

- EXCL Remind App

Text number: 81010

Text message: @bh6ka8

If you will not be at a practice or race, please send a note to Mrs. Pyle.

If you have any questions, please contact Mrs. Pyle.

Email: jpyle@immanuelschool.org